



Procedures Form

DILATION

A dilated fundus exam helps the doctor detect diseases within the eye that may not be visible during a basic eye exam. It is strongly encouraged if you have diabetes, hypertension, a high near-sighted prescription, or a family history of eye disease. The side effects are blurred near vision and light sensitivity for a few hours. In some patients, distance vision may also be affected. There is no additional fee for the dilation when performed on the same day as your comprehensive eye examination.

CONTACT LENS EVALUATION

Contact lenses are FDA-regulated medical devices. A contact lens evaluation is necessary to monitor changes to the health of your eyes from utilizing these devices. There is an increased risk of infection and/or corneal ulcers that can lead to loss of vision with contact lens wear. Contact lens prescription is different from glasses prescription. Even if you are a current contact lens wearer, you will need to renew this prescription by having an annual contact lens evaluation to check the health of your corneas and to make certain that your current contact lens is not causing any complications. Therefore, an annual evaluation is necessary if you would like to continue wearing, replacing, and/or reordering your contact lenses.

*The evaluation includes the initial evaluation, the use of diagnostic lenses, and any contact lens prescription-related follow-up visits within 60 days. **Any office visits greater than 60 days or any office visits within 60 days that is not contact lens prescription-related (i.e. red eye) will be charged a separate office fee; level of service to be determined at the discretion of our doctor.***

iWellness Exam

Highly sophisticated computerized instruments now allows us to provide you with a more thorough medical analysis of your eye health. In addition to your routine eye exam, the doctor recommends the digital retinal imaging system which takes photographs of your retina (the back of your eye) and the scanning laser system which evaluates the overall tissue health of your retina. These are not X-ray or ultrasound procedures so there are no adverse effects and nothing will touch your eye. The procedures assist the doctor in the early detection of many disorders, including cataracts, glaucoma, diabetic retinopathy, hypertensive retinopathy, macular degeneration, retinal detachments, and other vision-threatening conditions. These digital files are stored in the computer and are very valuable in assessing the current health of your eye. These files will allow the doctor to observe even the smallest changes in your retina, optic nerve, macula, and blood vessels when compared to subsequent years.

The doctor strongly recommends you have these procedures done, especially if:

- a. You are a new patient to this office
- b. You have never had retinal photos in this office
- c. You are 40 years old or older
- d. You have or have a family history of macular degeneration
- e. You have or have a family history of elevated eye pressure or glaucoma
- f. You have or have a family history of any retinal disorder such as a retinal detachment or retinal tear
- g. You have or have a family history of high cholesterol, elevated blood pressure or any circulatory disorder
- h. You have or have a family history of diabetes or elevated blood sugar
- i. You are experiencing any floaters or flashes of lights
- j. You are experiencing any headache s or visual disturbances suggestive of a neurological problem
- k. You were told by your previous eye doctor of some changes in the back of your eyes

"iWellness Exam" serves as a pictorial baseline reference of your eyes as we monitor your eye health through the subsequent years and is a necessary part of your exam if you fall into any of the above categories. The charge for these procedures are \$42.00 in addition to your routine eye exam.